

BOARD OF HEALTH

MINUTES

11-16-2023

3rd floor Auditorium, Town Hall, 30 Martin Street, Essex, MA

Dr. David Driscoll, Chair, Dr. Fares Mouchantaf, Member, Ms. Erin Kirchner, Board of Health Administrator, Ms. Jessie Palm, Social Worker, Jeff Thomas, Administrative Clerk present.

Absent: Ms. Sally Rich, Clerk

Dr. Driscoll entertained a motion to start the meeting that is being recorded at 7:04 p.m. Dr. Fares Mouchantaf seconded. **Vote: All in favor**

- **Appointments**

None

- **Minutes**

10-26-23 Tabled

- **Bills Payable**

Dr. David Driscoll entertained a motion to approve Bills Payable #724 in the amount of \$2,932.04 retroactively. Dr. Fares Mouchantaf seconded. **Vote: All in Favor**

Dr. David Driscoll entertained a motion to approve Bills Payable #725 in the amount of \$4,145.77 retroactively. Dr. Fares Mouchantaf seconded. **Vote: All in Favor**

- **Septic System Plan Reviews**

1 Laurel Lane, Laurel Lane LLC, Map 209, Lot 29. Ms. Kirchner explained that this plan is a revision because they are moving the line from the tank to the distribution box to have fewer curves for better flow. Dr. David Driscoll entertained a motion that the Board of Health send a letter to the property owner of 1 Laurel Lane, Laurel Lane LLC, Map 209, Lot 29 stating that the proposed septic system, designed by David Kelley of Meridian Associates with a revision date of October 17, 2023, is approved. Dr. Fares Mouchantaf seconded. **Vote: All in Favor**

- **Well Water Supply**

None

- **Permits**

Ms. Erin Kirchner explained to the Board that we now have the online permitting in place and showed the Board, by way of laptop connected to the large television screen display, all the current Board of Health permits that are now ready for their approval. Ms. Kirchner opened one of the permits and showed the Board the different steps built into the online permitting process and explained how each step approval is dependent on the previous step approval. Ms. Kirchner further explained that the Final Board of Health review approval is the last approval step before the issuance of the permit. Dr. Driscoll asked if this means that the Board can just do one vote en masse to approve all the permits. Ms. Kirchner answered yes. Ms. Kirchner explained that traditionally, for the renewal permit approvals, the Board members have all taken part in approving and signing all the renewal permits without looking at the applications. Ms. Kirchner explained that with this new online permitting system, the applicant can't even make a submission without all of their steps and attachments being complete because a lot of the information is designated required fields and will not let you move forward without the

information being uploaded to the permit. Ms. Kirchner stated that this system is all open to the public so that anyone could go in and see who has ServSafe Certifications, and Pest Control Agreements, etc. Dr. Mouchantaf asked if all food establishments have to have pest control agreements. Ms. Kirchner answered yes, that they have to have monthly service unless they are an establishment that doesn't open year round. Dr. Driscoll asked if, for example, the Ship Building Museum were going to have an event in the middle of winter when they are typically not open but are going to have a fund raiser, if they have to have a pest inspection. Ms. Kirchner answered that when they are open, there has to be pest control monthly but when an establishment is closed for a few months, they would need to call a pest control company and have them come in for an inspection. Ms. Kirchner stated that we can do things the same as we have been doing them but demonstrated that all the permits on the agenda that are now online, are ready to be approved and can't even get to this stage without previous stage approvals. Dr. Driscoll confirmed that all the permits listed on the agenda are the ones that have been through each approval stage. Ms. Kirchner answered yes and that the permits listed have already been paid for by the applicant. Dr. Driscoll entertained a motion to approve of all permits as listed on the agenda from November 16, 2023. Dr. Fares Mouchantaf seconded.

Vote: All in Favor

Ms. Kirchner stated that now we just go back into each online permit application and check the box for final Board of Health approval and the permit will be issued to the applicant by email. Ms. Kirchner showed the Board of Health what the final permit will look like for the applicant. Ms. Kirchner stated that the system is really nice and keeps us from having to keep up with so much paperwork.

- **Septage Hauler:**

Permit# HAUL-23-2 – All Season Septic System Services, LLC - Brad Robertson

Permit# HAUL-23-3 – J&S Development Corp. d/b/a Stewart's Septic Service

- **Disposal Works Installers:**

Permit# DWIP-23-1 – L.A.D. Company

Permit# DWIP-23-2 – Araneo Landworks, Inc.

Permit# DWIP-23-3 – EKB Equipment, LLC d/b/a North Shore Drain & Sewer

Permit# DWIP-23-5 – M. F. Roberts Co. Inc.

- **Manufacture of Frozen Deserts and/or Ice Cream:**

None

- **Tobacco Retailer License:**

Permit# TOB-23-1 – Essex Energy North

- **Retail Food Service Establishment:**

None

- **Food Service Establishment:**

Permit# FSE-23-4 – Woodman's

Permit# FSE-23-5 – Woodman's

- **Catering:**

Permit# CTR-23-2 – Woodman's

- **Keeping of Animals/Stable License:**

Permit# KOA-23-5 – Keeping of Animals/Stable Permit – Megan Donovan

Permit# KOA-23-6 – Keeping of Animals/Stable Permit - Clayton Brooks

Permit# KOA-23-7 – Keeping of Animals/Stable Permit – Robin Pydynkowski

Permit# KOA-23-9 – Keeping of Animals/Stable Permit – Minori Ishikawa

Recreational Camp, Hotel/Motel, B&B:

Permit# RCHM-23-1 – Essex Meeting and Retreat Center

Hot Tub:

Permit# POOL-23-1 – Essex Woods

Ms. Jessie Palm, Social Worker updates – Ms. Palm stated that she wants to have One Stop Harm Reduction Service come in at some point to do a presentation for the community on Narcan and substance abuse in general, and the services they provide for the community. Ms. Palm asked the Board about the timing and location of a community presentation and asked if there should be a presentation at the Senior Center as well. Dr. Driscoll asked if it would be open to everyone in town. Ms. Kirchner answered yes. Ms. Palm stated that in Hamilton there were about 25 people who attended the presentation but some of the attendees were counsellors and nurses. Ms. Kirchner suggested that an afternoon after work hours would be good. Dr. Driscoll stated that Town Hall would be a good location. Ms. Palm asked if the presentation should be held in December or if it should wait until January. Ms. Kirchner suggested the first week in December. Ms. Palm asked what would be a good time. Ms. Kirchner suggested 6:00 in the evening. Dr. Driscoll stated that 7:00 would be easier for him to attend. Ms. Palm asked if it is acceptable for One Stop to distribute Narcan. Dr. Driscoll answered yes. Ms. Palm stated that the Regional Youth Prevention Network is hoping to do more programming in the schools.

- **Other Concerns, Issues & BOH Business**

Board of Health members to officially sign the Rules and Regulations for Removal, Transport, and Disposal of Solid Waste or Recyclables in the Town of Essex, adopted at the previous board of Health meeting on 10/12/23. Dr. David Driscoll entertained a motion that the Board of Health approve of the final copy of the Rules and Regulations for Removal, Transport, and Disposal of Solid Waste or Recyclables in the Town of Essex dated 10/12/23. Dr. Fares Mouchantaf seconded. **Vote: All in Favor**

Discussion and possible vote of the Opioid funding expenditures – Ms. Kirchner stated that there is an estimated \$6,000 in the Opioid Settlement money and asked the Board how they felt about using some of the money to purchase SAMBOX rescue kits which are opioid overdose rescue kits, to be placed in different areas around Essex such as wherever there is an A.E.D. already located and possibly by the restrooms in the restaurants in town. Ms. Kirchner explained that the boxes are \$275.00 each. Dr. Driscoll asked Ms. Kirchner if there had been any instances of overdoses in the restaurant bathrooms in town that she was aware of. Ms. Kirchner answered three (3). Ms. Palm asked if information about overdoses is sent to police or ambulance departments when there is an emergency call. Ms. Kirchner answered sometimes, but if a call comes in as a mental health call, the police or ambulance personnel won't know until they arrive and find someone unresponsive if the call was related to an overdose. Ms. Kirchner stated that the only thing we would be paying for would be the boxes and that all the items inside the boxes would be free. Ms. Palm stated that she believe One Stop Harm Reduction Services may be able to keep track of the boxes as well and keep them stocked. Ms. Kirchner displayed some items such and Fentanyl test strips and rescue breathing mouth guards that would be located in the boxes. Dr. Driscoll asked if restaurant owners would be specifically invited to the One Stop Harm Reduction presentation that Ms. Palm discussed earlier and Ms. Kirchner thought that was a good

idea. Ms. Palm stated that the presentation could not only introduce One Stop Harm Reduction Services to the community, but could also be used to talk about the rescue boxes that would be placed around town and to do a Narcan training segment. Ms. Kirchner asked how many she should buy. Dr. Driscoll asked how many do we need. Ms. Kirchner answered possibly ten (10). Dr. Driscoll and Dr. Mouchantaf agreed. Dr. Driscoll suggested checking with Hamilton/Wenham to see how many they have. Ms. Palm stated that they don't have any. Ms. Kirchner stated that we would have one downstairs at Town Hall where the A.E.D. is located, one at Centennial Grove, one at Memorial Park ball field. Dr. Driscoll asked about one being located at Richdale's market. Ms. Kirchner answered that she would have to ask them first. Ms. Kirchner stated that one would be located at Conomo Point. Dr. Mouchantaf asked if there is an A.E.D. located at Conomo Point to which Ms. Kirchner answered that she doesn't think there is one. Dr. Driscoll asked how people would find out about the locations of the placements of the boxes. Ms. Kirchner answered that it would be advertised on the Town Website and the Facebook page the same as when the A.E.D.'s were placed. Dr. Mouchantaf asked about having one at the school. Ms. Kirchner answered that nurses at the schools should already have Narcan available. Ms. Palm suggested the Senior Center as a possible location to place one of the boxes. Dr. Driscoll stated that we would probably get negative feedback from some members in the community about the placement of the boxes. Ms. Kirchner confirmed with the Board that they agree to allow her to purchase up to ten (10) SAMBOX's and the Board was in agreement with this number.

- **Items that could not be reasonably anticipated by the Chairman within 48 hours of meeting**
None

Dr. David Driscoll entertained a motion that the Board of Health end the meeting that is being recorded at 7:40 p.m. Dr. Fares Mouchantaf seconded. **Vote: all in Favor**

Next BOH meeting: 12/14/2023

Prepared by:

Jeff Thomas

Attested by:

Date Signed:

2/22/24